

Course Description

Level: Basic

Student to Teacher ratio: 16:1

This hands-on lab course is aimed at clinicians who are treating patients presenting with complaints of dizziness and/or balance problems. The participant will be able to differentiate between central and peripheral vestibular patients, treat those who are appropriate and refer those who are not. Lecture material is provided in a self-paced online course (provided by Educata.com) that is a prerequisite for attendance at the live course. Tests of comprehension ensure that the participant will be ready for the live course. This format maximizes the time spent in hands-on labs (over 80% of the course). Clinical tests of balance and vestibular function, including BPPV and the various forms of positional testing, and the significance of abnormal findings, will be discussed, demonstrated, and practiced. The management of vestibular and balance disorders will be practiced, including canalith repositioning, liberatory maneuvers, vestibular habituation exercises, fall prevention programs, and balance exercise programs. Guidelines for implementing each of these programs will be practiced. The recent literature will be reviewed that justifies the use of these programs. The participant will leave the course with a thorough understanding of how to manage patients with complaints of dizziness and imbalance.

SKILL WORKS INC.
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Address Correction Required

The Dizzy and Imbalanced Patient: Differential Diagnosis, Examination and Treatment

An Online and Hands-on Course

Rob Landel
PT, DPT, OCS, CSCS, FAPTA



**One-day lab
Course**

**October 28, 2017
Brea, CA
January 27, 2018
Chico, CA**

Sponsored by



**Online Course
Provided by**



Course Information

Rob Landel, PT, DPT, OCS, FAPTA has been treating vestibular patients for over 22 years, at USC Physical Therapy Associates, the faculty practice he founded in 1989. He has taught orthopedic physical therapy, vestibular rehabilitation, balance retraining, and fall prevention to physicians and physical therapists across the US, Europe, Asia and Australia. He has presented at professional meetings locally, nationally and internationally. He is on the faculty of the Vestibular Rehabilitation Competency Course series sponsored by Emory University and the APTA, directed by Susan Herdman, PT, PhD. He is the co-author of the cervicogenic dizziness chapter in Dr. Herdman's text, *Vestibular Rehabilitation*. Dr. Landel is professor of clinical physical therapy in the Division of Biokinesiology and Physical Therapy at the University of Southern California, where he is the Director of the DPT Program, and Director of the PT Residency Programs.

Objectives: Upon completion of the online and hands-on courses, the participant will be able to:

1. Describe the possible cause of dizziness, vertigo and imbalance.
2. Recognize and differentiate between central and peripheral vestibular disorders, including benign paroxysmal positional vertigo (BPPV) and cervicogenic dizziness.
3. Discuss the theory behind vestibular habituation exercise therapy.

Course Schedule

7:30	Registration
8:00	Introduction
8:15	Review of online content via patient cases: differential diagnosis
9:15	Clinical tests for central and peripheral vestibular function
10:00	Break
10:15	Assessment of postural control and fall risk
11:45	Review via patient cases
12:00	Lunch
1:00	Review of online content via patient cases: patient management
1:30	Treatment for central and peripheral vestibular disorders: exercise progression
2:00	Treatment for BPPV: CRM, liberatory, exercise
3:00	Break
3:15	BPPV treatment cont'd
4:00	Treatment for cervicogenic dizziness
4:45	Wrap up
5:00	Finish

4. Describe typical tests of vestibular function and interpret common findings.
5. Perform a basic clinical examination of the dizzy patient and interpret the findings.
6. Perform a basic evaluation of balance under varying sensory conditions and interpret the findings.
7. Perform a basic evaluation of vertigo provocation and interpret the findings.
8. Given examination findings, develop an evidence-based treatment program for balance and dizziness, including BPPV, with measurable, functional outcomes.
9. Discuss the cervical contributions to vertigo.
10. Discuss the recent literature that describes the efficacy and outcomes of vestibular, balance and fall prevention programs.

Registration

IMPORTANT: Completion of the Educata online course is a pre-requisite for attendance at the live hands-on course. The online course is 7.5 hours; to allow sufficient time to complete the online course prior to starting the live hands-on course, the deadline for registering for the online course is **October 26, 2017**

**** The On-line course is \$224****

Save 20% by entering '**Blend 2017**'

@Educata.com for Dizzy and Imbalanced Patient.

Name:

Address:

Phone:

Email:

Registration Fee: Live, Hands-on Course

- Early Registration \$195 \$ _____
- Registration (after 10/06/17) \$220 \$ _____

Total Enclosed: \$ _____

Cancellation Policy: A full refund less a \$10 fee if cancellations made 3 weeks before the course, less \$25 if cancelled less than 3 weeks prior. Cancellation notice must be received in writing. All fees refunded if the instructor cancels the course, however no other expenses incurred by registered participants will be refunded.

Locations:

St Jude Hospital
2767 E Imperial Hwy
Brea, CA 92821

Enloe Medical Center
340 W East Ave
Chico, CA 95926

Send registration (payable to Skill Works) to:

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